



Teens As Allies & Agents of Change

Considerations for Working with Teenagers Around Sexual Assault

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OVW DISCLAIMER

This project was supported by Grant No. 2015-UW-AX-0005 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this presentation are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.



Best Practices- Working with Teenagers

- ▶ *Model Sisterhood & Brotherhood*
- ▶ Flexible Needs Assessment
- ▶ Active Listening
- ▶ Utilize a Strengths Based Perspective- tapping into pre-existing assets and skills, teaching new ones
- ▶ Shift your role from Leader to Guide- value and nurture the innate leadership qualities teens possess



Best Practices- Working with Teenagers

- ▶ Maintain credibility with Honesty and Boundaries
- ▶ Employ Protective Factors
- ▶ Open discussion in Safe Spaces
- ▶ Challenge the status quo – abstract thinking
- ▶ Bodywork



SUCCESSFUL YOUTH PROGRAMS-

- ✓ are youth led
- ✓ increase self esteem
- ✓ build collective bonds
 - ✓ address trauma
- ✓ emphasize prevention
- ✓ can be easily replicated