

Goals, Strengths, and Resources Map

Survivor Goals	Existing Supports/Resources	New or Enhanced Supports or Resources	Impact or Outcomes*
What do you want to accomplish or change while we are working together?	Who do you call for help on this now? Who has helped you in the past? What resources or supports do you already use for this issue?	What would help you get closer to this goal?	What is different today than when we started working together on this goal?
1:			
2:			
3:			
4:			

* This column can be used for assessing or documenting progress toward a specific goal; or for recording impact and outcomes for advocates who want to use this tool for those purposes as well.